

# REGISTRATION FORM

## REGISTRATION FEE (PLEASE TICK 1 BOX ONLY)

	EARLY BIRD (1 TO 30 SEP 2009)			NORMAL (1 TO 31 OCT 2009)		
	SAFRA Adventure Club (SAC) Member	SAFRA Member / Student <sup>+</sup>	Public	SAFRA Adventure Club (SAC) Member	SAFRA Member / Student <sup>+</sup>	Public
INDIVIDUAL CATEGORIES	<input type="checkbox"/> \$20	<input type="checkbox"/> \$22	<input type="checkbox"/> \$24	<input type="checkbox"/> \$30	<input type="checkbox"/> \$32	<input type="checkbox"/> \$34
TEAM CATEGORIES	<input type="checkbox"/> \$60	<input type="checkbox"/> \$66	<input type="checkbox"/> \$72	<input type="checkbox"/> \$80	<input type="checkbox"/> \$86	<input type="checkbox"/> \$92

<sup>+</sup> Student price does not apply to registrants for Open categories & Total Defence Challenge

## CATEGORIES (PLEASE TICK 1 BOX ONLY)

### DIFFICULTY EVENT

CATEGORY	MALE	FEMALE
Open (21 years old & above)	<input type="checkbox"/>	<input type="checkbox"/>
Under 20 (Up to 20 years old)	<input type="checkbox"/>	<input type="checkbox"/>
Under 16 (Up to 16 years old)	<input type="checkbox"/>	<input type="checkbox"/>
Under 14 (Up to 14 years old)	<input type="checkbox"/>	<input type="checkbox"/>
Junior (Up to 12 years old)	<input type="checkbox"/>	<input type="checkbox"/>

### SPEED EVENT

CATEGORY	MALE	FEMALE
Open (21 years old & above)	<input type="checkbox"/>	<input type="checkbox"/>
Under 20 (Up to 20 years old)	<input type="checkbox"/>	<input type="checkbox"/>
Under 16 (Up to 16 years old)	<input type="checkbox"/>	<input type="checkbox"/>
Under 14 (Up to 14 years old)	<input type="checkbox"/>	<input type="checkbox"/>
Junior (Up to 12 years old)	<input type="checkbox"/>	<input type="checkbox"/>
Mixed Team	<input type="checkbox"/>	<input type="checkbox"/>
Total Defence Challenge	<input type="checkbox"/>	<input type="checkbox"/>

## PERSONAL PARTICULARS

Name  Gender  Male  Female Blood Group

NRIC/ Passport No.  Date of Birth  Contact No(s) (required)

Address

Email (required)  T-shirt Size  XS  S  M  L  XL

## MIXED TEAM / TOTAL DEFENCE CHALLENGE TEAM NAME: \_\_\_\_\_

	MEMBER 1 (TEAM CAPTAIN)	MEMBER 2	MEMBER 3	MEMBER 4
Name				
NRIC / Passport No.				
Date of Birth (as at 1 Jan 2009)				
Contact Nos.				
Address				
Rank*				
NS Unit / Formation*				
T-shirt Size (Please indicate: XS, S, M, L or XL)				
Participant's Signature				
Parent/Guardian's Signature (for participants under 18)				

\* Applies to registrants for Total Defence Challenge only.

# DECLARATION & INDEMNITY

## INDIVIDUAL

I, \_\_\_\_\_ (NRIC/Passport No. \_\_\_\_\_),  
declare that all the particulars are correct and hereby agree to abide by all the Rules & Regulations of the race. We are aware that we will be participating in SAFRA Rock On 2009 at our own risk and SAFRA will not be liable for any injuries, mishaps, sickness, death or loss/damage to personal property that may occur during the race.

Signature \_\_\_\_\_

For participants under 21 years old

I, \_\_\_\_\_ (NRIC/Passport No. \_\_\_\_\_) parent/guardian of \_\_\_\_\_ agree to allow my child/ward to participate in SAFRA Rock On 2009 and shall not hold SAFRA responsible for any injuries, mishaps, sickness, death or loss/damage to personal property that may occur during the race.

Signature \_\_\_\_\_

Contact No. \_\_\_\_\_

## MIXED TEAM / TOTAL DEFENCE CHALLENGE

We, \_\_\_\_\_ (NRIC/Passport No. \_\_\_\_\_), \_\_\_\_\_ (NRIC/Passport No. \_\_\_\_\_),  
\_\_\_\_\_ (NRIC/Passport No. \_\_\_\_\_) & \_\_\_\_\_ (NRIC/Passport No. \_\_\_\_\_),  
declare that all the particulars are correct and hereby agree to abide by all the Rules & Regulations of the race. We are aware that we will be participating in SAFRA Rock On 2009 at our own risk and SAFRA will not be liable for any injuries, mishaps, sickness, death or loss/damage to personal property that may occur during the race.

Signature \_\_\_\_\_, \_\_\_\_\_ & \_\_\_\_\_  
(Member 1) (Member 2) (Member 3) (Member 4)

For participants under 21 years old

1) I, \_\_\_\_\_ (NRIC/Passport No. \_\_\_\_\_) parent/guardian of \_\_\_\_\_ agree to allow my child/ward to participate in SAFRA Rock On 2009 and shall not hold SAFRA responsible for any injuries, mishaps, sickness, death or loss/damage to personal property that may occur during the race.

Signature \_\_\_\_\_ Contact No. \_\_\_\_\_

2) I, \_\_\_\_\_ (NRIC/Passport No. \_\_\_\_\_) parent/guardian of \_\_\_\_\_ agree to allow my child/ward to participate in SAFRA Rock On 2009 and shall not hold SAFRA responsible for any injuries, mishaps, sickness, death or loss/damage to personal property that may occur during the race.

Signature \_\_\_\_\_ Contact No. \_\_\_\_\_

3) I, \_\_\_\_\_ (NRIC/Passport No. \_\_\_\_\_) parent/guardian of \_\_\_\_\_ agree to allow my child/ward to participate in SAFRA Rock On 2009 and shall not hold SAFRA responsible for any injuries, mishaps, sickness, death or loss/damage to personal property that may occur during the race.

Signature \_\_\_\_\_ Contact No. \_\_\_\_\_

4) I, \_\_\_\_\_ (NRIC/Passport No. \_\_\_\_\_) parent/guardian of \_\_\_\_\_ agree to allow my child/ward to participate in SAFRA Rock On 2009 and shall not hold SAFRA responsible for any injuries, mishaps, sickness, death or loss/damage to personal property that may occur during the race.

Signature \_\_\_\_\_ Contact No. \_\_\_\_\_

### NOTES:

- Teams in the Mixed Relay must consist of at least 1 female participant.
- Signatures on the registration form certify that each participant has read, understood and will abide by the Rules & Regulations as stated herein.
- The Organisers will not be liable for any injury sustained, death or loss/damage to personal property during the competition.
- Participants are also advised to ensure that they have sought and obtained medical clearance prior to their participation in this competition.
- Each Mixed Team/Total Defence Challenge registrant is required to provide their full particulars in the form and sign the waiver/indemnity before it is submitted.
- If the Organisers do not receive all completed registration forms before the closing date (31 Oct 2009), registrants will not be allowed to participate in the competition.
- Inaccurate or incomplete information submitted might result in disqualification of the registrant(s).

### FOR OFFICIAL USE

Date: \_\_\_\_\_ Checked By: \_\_\_\_\_ Amount Received: \_\_\_\_\_ Receipt No.: \_\_\_\_\_

# RULES & REGULATIONS

## REGISTRATION

- Registrations starts 1 September. All participants are to register by Sat, 31 Oct 2009.
- Registration can be made in person at any of SAFRA Clubs (Mount Faber, Toa Payoh, Tampines, Yishun and Jurong).
- Payment can be made in cash, NETS or cheque at the SAFRA Clubs. All cheques should be crossed and made payable to "SAFRA", and submitted together with the registration forms (downloadable from [www.safra.sg/rockon](http://www.safra.sg/rockon)).
- On the spot registration will not be entertained. There will be no refund of registration fee in the event that a team fails to turn up on the event day.
- All registration forms together with cheques if sent by mail must reach the following address before the closing date:  
SAFRA ROCK On 2009  
SAFRA Yishun Country Club  
60 Yishun Avenue 4, Singapore 769027
- Participants under 21 years of age (on event day) must seek parental/guardian's consent to register.
- Signatures on the registration form certify that each participant has read, understood and will abide by the Rules & Regulations stated herein.

## ATTIRE

- An event T-shirt will be issued to participants upon reporting on the event day at the Competitors Reporting Booth. Participants are required to wear the T-shirt during their climb. Only participants in the Speed Mixed Relay Team categories and Total Defence category are allowed to don their team / unit attires. Only 1 T-shirt per category registered will be issued.

## REPORTING ON COMPETITION DAY

- All participants must report at the designated time on the day of competition (details in competitor's information sheet). Participants who failed to report within the designated time will not be allowed to join in the competition. Registration fees collected will not be refunded for failure to report at the designated time or no-show by the participant.
- All participants must observe the Competition Rules.

## CATEGORIES

### DIFFICULTY

- Open Men, Women
- Under 20 Men, Women
- Under 16 Boy, Girl
- Under 14 Boy, Girl
- Junior Boy, Girl

### SPEED

- Open Men, Women
- Under 20 Boy, Girl
- Under 16 Boy, Girl
- Under 14 Boy, Girl
- Junior Boy, Girl
- Mixed Relay
- Total Defence

- Speed Mixed Relay Team consists of 3 climbers and 1 reserved. Each team must have at least one female member. No age limit set for this category.
- Each Total Defence Team Relay consists of 4 climbers from the same unit including the reserve.

## PRIZES

- Prizes will be awarded to the top 3 winners in the difficulty categories (Open, Under 20, Under 16, Under 14, and Junior), top 4 winners in the speed categories (Open, Under 20, Under 16, Under 14, Junior and Mixed). A trophy will be awarded to the top school of the competition. Prizes will also be awarded to the top 3 winners in the Total Defence category.

# COMPETITION RULES

## JUDGING

- **Difficulty Event**  
Participants will be judged by their legitimate hold-touch point; height reached by dynamic means is allowed. Should more than one individual reached the same height in the finals, a super finals will be held to determine the winner.
- **Speed Event**  
The fastest participant wins. All participants will have one attempt to for the qualifying round; the fastest 32 will proceed to the semi finals & the best 16 will proceed to the finals (knock-out system).

## TIMING

- **Difficulty Event**  
Timing will start when both legs clear the ground. The maximum time allowed to scale the wall will be decided by the President of Jury and made known to participants before the competition starts.  
  
Participants in the Open, Under 20 and Under 16 categories will have to lead climb in all the rounds.
- **Speed Event**  
Individual participants will be given a maximum of two minutes to complete their climb.  
  
Relay team will be given four minutes to complete their climb. The timing of all four climbers in a continuous relay will be used to determine the winners in the speed relay categories.

## TERMINATION OF CLIMB

A participant's attempt will be terminated by route judge should he/she:

- Falls;
- Exceed the permitted climb time;
- Uses unauthorised parts of the wall (e.g. side edge) for climbing;
- Uses artificial aid;
- Return to the ground;
- Fails to clip-on the runners in the correct order\*; or
- Fails to clip-on after the trailing leg crosses the runners\*

\*applicable to participants in the Difficulty Categories that require lead-climbing.

## DISQUALIFICATION

A participant will be disqualified if he/she:

- Is late for the isolation zone reporting;
- Fails to return to the isolation after observing the route;
- Un-ropes while climbing
- Uses unapproved modification of equipment; or
- Fails to wear the competition attire provided by the organizers.

## APPEAL

- All appeals have to be made in writing within 30 minutes after the results are displayed and an appeals panel will handle it. A charge of \$50 (cash) will be levied to discourage abuse of this right. The money will be refunded to the participant if his/her appeal is successful.

## IMPORTANT NOTICE

- All participants are advised to ensure that they have sought and obtained medical clearance prior to their participation in this competition
- The organizing committee reserves the rights to amend any part of the Rules & Regulations without prior notice.